



Day Procedure Unit

Patient information



North West Private Hospital
137 Flockton Street
Everton Park 4053
ph: 07 3246 3133 – fax: 07 3246 3100
www.ramsayhealth.com.au

NORTH WEST
PRIVATE HOSPITAL

Welcome to North West Private Hospital Day Procedure Unit. Our aim is to provide you with the highest standard of patient care and comfort. We hope that your stay with us will be as comfortable and pleasant as possible.

Pre-admission information

Pre-admission is an important part of your hospital care. To ensure we can confirm your admission, financial and other arrangements, we ask that you:

- 1. Telephone the Patient Service Centre as soon as your Doctor has informed you of your admission to the hospital. The number is Freecall 1800 555 549 between 7am – 5 pm Monday to Friday, (message bank is available, please only leave one message and your call will be returned within 24 hours).**
2. Plan for your discharge: see 'Recovery and Discharge'
3. You must arrange to have a responsible person to drive / escort you home and be with you at home for at least 24 hours.

Pre-admission nurse

Depending upon your operation/procedure you may be contacted by our Preadmission Nurse (only after you have contacted the Freecall number as above).

When you are contacted:

- A brief medical history will be taken and admission and discharge details discussed
- Please take this opportunity to discuss any concerns regarding your admission with the nurse.

On the day of your procedure

HYGIENE:

Please shower prior to admission. Wear loose comfortable clothing. Apart from a wedding ring all jewellery and valuables should be left at home. Do not wear makeup, nail varnish, talcum powder, perfumes or contact lens. Cotton underwear only.

Please bring into hospital any medications you are currently taking, any current x-rays applicable to your admission and your consent form that your Doctor may have given to you.

Please check in with the front reception in the main foyer at the time indicated by your Doctor, and you will be directed to your admission area.

On your admission to the Day Procedure Unit, your carer/relatives will be advised of your approximate discharge time. Your carer will be telephoned when you are ready to go home. As the unit is for patients only, due to safety, respect for patient privacy, and to provide you with the best possible care no visitors are allowed within the Unit.

Fasting

- For Colonoscopy and Gastroscopy – follow the specific instructions given to you by your Doctor.
- For all other procedures do not eat or drink (including water) for six hours prior to your procedure.

MEDICATIONS:

If you are on any medications it is wise to consult with your doctor. Medications should be taken at the normal time, with a sip of water, unless otherwise advised by your doctor.

WHAT TO BRING:

Refer to 'Your Admission Checklist' in this brochure.

PARKING:

Parking is available free on hospital grounds. You must not drive for 24 hours following your procedure.

FEES:

Insured patients:

Any fees or excess not covered by your Health fund will be payable on the day of admission (prior to the procedure)

Uninsured patients:

It is necessary for you to pay your account prior to your procedure. Your admission may be refused if you do not pay on admission.

PAYMENT OPTIONS INCLUDE:

Payment can be made by cash, bank cheque, credit card (except Diners and American Express) or eftpos (please check your daily withdrawal limits).

SMOKING:

The hospital is a totally smoke free environment.

MOBILE PHONES:

We ask you to switch off your mobile phone within the hospital as it can interfere with electronic medical equipment.

REFRESHMENTS:

There is a coffee shop available for refreshments for your relatives/carer on the lower level of the hospital. Soft drinks and sweets are also available from the vending machines.

Recovery & discharge

Immediately after your procedure you will go through the 3 stages of recovering. They range from being closely monitored while on a hospital bed to the final stage when you are transferred into a recliner chair where staff will provide you with something to eat and drink. If necessary, your doctor may speak to you about your procedure during this time. Discharge instructions may be provided and explained to you prior to you leaving the unit.

After your procedure

Should you have any unexpected change to your condition or other emergency, telephone your doctor immediately.

Following your procedure, you may feel able to resume normal activity. However, your co-ordination, reflexes and mental reactions may be impaired.

For 24 hours after a general anaesthetic or until the following day after sedation only procedures:

- Do not drive a car – arrange for someone responsible to drive you home.
- Do not operate machinery.
- Do not drink alcohol.
- Do not sign any important documents or make important decisions.
- Do not engage in sports, heavy work or heavy lifting.
- Do not be on your own.
- You must arrange for a responsible adult to care for you at home.

We are pleased to announce that North West Private Hospital is currently experiencing major growth and development. Please be patient, while we are working towards a better hospital campus. We apologise for any inconvenience to our patients, visitors, doctors and staff.

